

October 2024 | Matagorda Breakfast



Announcements:

Served Daily:
Fresh/Chilled Fruit
 1% White Milk
 Fat Free
 Chocolate Milk
 100% Fruit Juice

Menu Prices:
Students Free

Menu Subject To Change Due To Availability

Monday Tuesday Wednesday Thursday Friday

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Pop Tart Or Grilled Cheese	2 Yogurt Or Pizza	3 Egg & Cheese English Muffin Or Donuts	4 Cereal & Fruit
7 Cereal Bar Or Sausage, Egg & Cheese Sandwich	8 Sausage Biscuit Or Waffles	9 Yogurt Or Pizza	10 Cereal & Fruit	11 Student Holiday
14 Blueberry Muffin Or Pancake On A Stick	15 Breakfast Burrito Or Cinnamon Roll	16 Yogurt Or Pizza	17 Cereal & Fruit	18 School Closed
21 Egg & Cheese English Muffin Or Donuts	22 Pig In A Blanket Or Grilled Cheese	23 Yogurt Or Pizza	24 Cereal & Fruit	25 School Closed
28 Breakfast Burrito Or Cinnamon Roll	29 Sausage Biscuit Or Waffles	30 Yogurt Or Pizza	31 Cereal & Fruit	 <p>Apples Season in Texas: July-November Did you know? There are about 2,500 different kinds of apples grown in the United States</p>



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

Food and Nutrition Division
www.SquareMeals.org



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